

NATURE FOR NURTURE / FOREST SCHOOL SESSIONS

After a 6-week targeted intervention for anxious children (weekly full day sessions), teachers observed:

90%

An increase in pupil confidence when working as a team in almost 90% of their pupils taking part

90%

Almost 90% of pupils made more effort to include team members

100%

100% of pupils were more likely to seek feedback from peers & teacher as a result of WW intervention

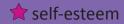
100%

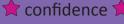
100% of pupils were more able to communicate with team members & showed increased confidence in their leadership abilities as a result of WW sessions.

Woodland Wakeup day is their favourite day of the week. (Headteacher)

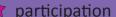


We have a proven track record of enhancing (among other things) vulnerable young people's:











🖈 self-esteem 🛮 🚖 confidence 🚖 resilience 🚖 participation 🔭 social / leadership skills

We provide dynamic, impactful, nature-connection services to:

- innovate early intervention for children requiring CAMHS
- boost kids struggling with anxiety, poor mental health or attachment issues
- uplift / elevate kids struggling to bounce back from Covid restrictions,
- victims of bullying, or children experiencing other difficulties

/ trauma & bereavement



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 mindfulness / coping strategies - flora and fauna exploration - environmental conservation - collaborative philosophical inquiry - natural crafts - safe fire lighting - tool work -

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